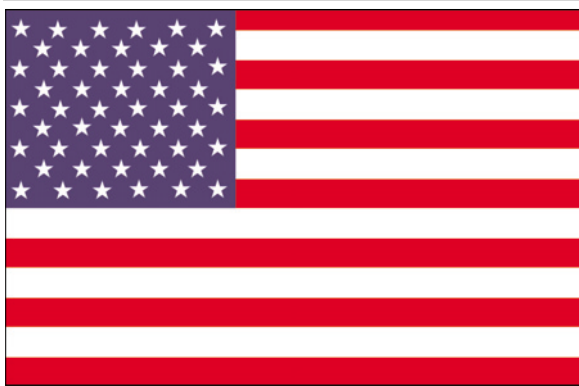


Wolf Pack WARRIOR

Vol. 18, No. 17

8th Fighter Wing, Kunsan Air Base, Republic of Korea

May 16, 2003



Armed Forces Day —
Wolf Pack members reflect on their
decision to join the military.

See page 5

NEWS BRIEFS

Recruiting team to visit Kunsan

The recruiter screening team from Randolph Air Force Base, Texas, will visit Kunsan May 23. Senior airmen through master sergeants with less than 16 years time in service are eligible for recruiting positions. The one-hour briefing will be at 10:30 a.m. in Loring Club. For more information, call Master Sgt. John Pupo at 782-9404.

Guard troops help midwest recover from tornadoes

National Guard troops answered the call to help civil authorities deal with the devastation of violent tornadoes that hammered the Midwest and flooding in Alabama during early May. Nearly 200 Army Guard soldiers were on duty in Missouri, Kansas and Tennessee by May 6 after a massive tornado system tore through those states May 4. Six more served in Alabama, according to reports from the Army National Guard's Readiness Center in Arlington, Va.

Soldiers to fight terrorists on Horn of Africa

A 10th Mountain Division company from Fort Drum, N.Y., arrived in Djibouti May 4 to support Combined Joint Task Force-Horn of Africa. The mission is to detect, disrupt and defeat transnational terrorist groups operating in the Horn of Africa region, which is defined as the airspace, land areas and coastal waters of Somalia, Kenya, Ethiopia, Sudan, Eritrea, Djibouti and Yemen. Additionally, officials said CJTF-HOA will conduct civil-military and humanitarian operations.



Photo by Staff Sgt. Derrick C. Goode

Soldiers oversee first election in northern Iraq

The Mosul Interim Government Convention, held May 5 by local delegates and brokered by the 101st Airborne Division (Air Assault) at the old Ba'ath Party Social Club, marked the first democratic elections held in Northern Iraq and put the first local officials there in public office since the fall of Saddam Hussein's regime.

President intends to nominate Roche for Army post

President George W. Bush announced May 7 his intention to nominate Secretary of the Air Force Dr. James G. Roche to become the next secretary of the Army. Roche, who became secretary of the Air Force June 1, 2001, said he is deeply honored, adding he will work hard to justify the nomination, should Congress approve it.



Photo by Staff Sgt. Maritza Freeland

LEADING THE PACK: Col. Robin Rand accepts command of the 8th Fighter Wing from Lt. Gen. Lance Smith, 7th Air Force commander, with the passing of the guidon in a ceremony at Hanger 3 Wednesday.

'Pack' welcomes new commander

By Master Sgt. Mark Haviland
8th Fighter Wing Public Affairs

Col. Robin Rand assumed command of the 8th Fighter Wing from Col. Guy Dahlbeck in a ceremony here Wednesday.

Lt. Gen. Lance Smith, 7th Air Force commander, presided over the ceremony.

"Every time I visit, I'm reminded of the incredible work the men and women of the Wolf Pack do every day," Smith said. "It's a culture like no other in the Air Force today, it's extraordinarily special, and it must be led by a special leader with unique skills and qualities."

The general praised the contributions Dahlbeck made to the unit and Rand's selection as Dahlbeck's successor before the traditional passing of the wing flag from the outgoing commander to the incoming commander.

"If there's one word to summarize my feelings today, it's grateful," Rand said, "Grateful for the opportunity to command a wing, and grateful for being assigned to the Wolf Pack."

The new commander briefly thanked friends, family and distinguished visitors before turning his comments to the members of what he called an "incredibly fine tuned fighter wing with the highest

"I can't tell you how proud I am to be here in front of you today. In the past three days, I've quickly recognized that there is no other place, and no other wing like the Wolf Pack."

— Col. Robin Rand
8th Fighter Wing commander

morale in the Air Force."

"I can't tell you how proud I am to be here in front of you today," he said. "In the past three days, I've quickly recognized that there is no other place, and no other wing like the Wolf Pack."

The colonel explained his priorities as commander are no different than any other commander in the Air Force today — "the mission and our people."

"We will know our mission cold, exercise it continuously, and will continue to ensure the warfighting legacy of the Wolf Pack remains unmatched," said Rand.

Rand is a 1979 graduate of the Air Force Academy and completed undergraduate pilot training at Williams Air Force Base, Ariz., in 1980. During his career, he has served as a T-37 and F-16 instructor pilot and flight examiner, an

air liaison officer with the United States Army, and as an F-16 weapons officer, operations officer and squadron commander. He also served on the joint staff at the Pentagon and as an operations group deputy commander. During his last assignment, he was also the USAF Weapons School commandant at Nellis AFB, Nev. He is a command pilot with more than 4,100 flying hours.

His assignment as "Wolf" is his second in Korea. He previously served as the operations officer and commander of the 36th Fighter Squadron at Osan Air Base.

Dahlbeck, who was selected for promotion to brigadier general in April, is moving to an assignment as deputy chief of staff for North American Aerospace Defense Command/Northern Command at Peterson Air Force Base, Colo.

Armed Forces Day: A Force for Freedom

By Dr. James G. Roche
Secretary of the Air Force

Saturday we pay tribute to the men and women of our armed forces. They are America’s finest, the guardians of our freedom. These young men and women serve our nation every day, from the flight-line to the front line, whether on the homefront or far away from home.

At the dawn of the last century, President Theodore Roosevelt said, “All who serve and stand ready to sacrifice are the torchbearers.” Today, we honor a new generation of torchbearers. A century later, their flame burns just as brightly, illuminating their pride, their patriotism and their sense of duty.

They are this nation’s unsung heroes. Often it is only their families and friends who know their names, who know the sacrifices they make to serve their country. In times of peace, it’s easy to forget they are out there, working long shifts on hot flightlines to keep planes flying, deploying around the world to live in tents while keeping the peace, or providing humanitarian aid after a natural disaster.

President Bush has said that our armed forces are “America’s insurance policy in a world of change and challenge.” Often they serve with little fanfare, but thank goodness, they are there when they are needed. And they have never let us down.

This year, of course, they are very much in our hearts and on our minds, as thousands of our finest troops have gathered in the sands of the Arabian Gulf. They have performed magnificently, a tribute to their training and their professionalism.

Sadly, more than 100 of them have lost their lives in this operation. But they gave their lives in a noble and worthy cause. Our forces came not as conquerors, but as liberators. Their mission was to liberate Iraq from a brutal dictator and to disarm a regime that threatened freedom in the region. They have done just that and are now working to bring stability to the nation so that a democratic government can be established. Our troops truly are “a force for freedom.”

For all they have done, and for all they continue to do in defending this great country and its interests around the world, it is a privilege to salute the men and women of our armed forces.

It has been more than 50 years since President Harry Truman signed the proclamation establishing Armed Forces Day as the third Saturday in May. This is the day when our nation pauses to honor the courage and dedication of these soldiers, sailors, airmen, Marines and Coast Guardsmen.

So much has changed in the last 50 years. We fought conflicts in Korea and Vietnam; we sent troops to Somalia, Bosnia, Kosovo, Haiti, and the Arabian Gulf. Above all, we won the Cold War “without firing a shot,” as the former British Prime Minister Margaret Thatcher said. We became the world’s only superpower, destined to serve as a beacon of freedom and democracy to the world.

It seems a distant memory now, but it was just three short years ago we embarked on a new century, filled with promise and great expectations. Our onetime enemies were our newest allies. There seemed no imminent threats on the horizon. There was talk that war was so antiquated, so “20th Century,” that perhaps we’d found other ways to resolve our differences.

And then came that terrible morning of Sept. 11, 2001. In two horrific hours, America and its allies found themselves confronting an entirely new set of adversaries. These enemies didn’t give formal declarations of their intentions; they struck without warning, killing 3,000 innocent men, women and children.

In an instant, it became very apparent that it was time to call on “America’s insurance policy” once again — our sons and daughters, brothers and sisters, husbands and wives — who are willing to risk all they have, including their lives, to defend freedom and our way of life.

They performed magnificently in the mountains of Afghanistan, liberating a country from the brutal Taliban and al Qaeda regimes. Closer to home, they patrolled the skies over our cities, guarded our airports, and watched our coastlines and borders to prevent another terrorist attack. Once again, we’ve been reminded of what Thomas Jefferson said: “Eternal vigilance is the price of liberty.”

That vigilance is being carried out around the clock and around the globe. And though our superb professionals in uniform make it look easy, it’s certainly not. Air Force Chief of Staff General John Jumper knows just how busy our troops have been in recent years. He recently told Congress, “Our [operations] tempo has been high, and our people have been sprinting for a long time, but they never failed to answer the call.”

The stakes couldn’t be higher. This country’s very survival could well depend on how our young troops perform in this global war on terrorism. For that reason, we owe them the finest weapons and equipment, the best possible training, and the support of those they defend.

But in today’s society, many of our citizens rarely have a chance to see our military in action, to appreciate

just how good they are. Do you realize just 10 percent of all Americans today are serving or have ever served in the military? That means that the other 90 percent probably have a very limited knowledge about military life.

I am very impressed at the quality of the men and women who serve. They come from every corner of our nation, some from the big city, or the suburbs, and others from farms in our heartland. Many of them are just a few years out of high school, with an average age of 20. But in the service, they are given responsibilities far beyond their years, and they are up to the challenge. These youngsters maintain multi-million-dollar aircraft, guide satellites orbiting the earth, and operate sophisticated computer systems.

Some of them may decide to make the service a career and stay for 20 years. Others may serve only one tour of duty with the military, and then move on to other roles in civilian life. But whatever path they pick, they will have gained valuable skills. More than that, they will have learned the discipline, the persistence and the integrity needed in any profession. They will bring to their community a sense of purpose, a sense of civic duty and a quiet patriotism that has made this country the envy of the world.

Still others will go on to serve in the guard and the reserve, so they will play a role in both the civilian and military communities. Many in the guard and reserve have been called away from their civilian employers, as well as their homes and families, for more than a year, serving in Afghanistan, in the Arabian Gulf, or in cities around the country.

We are grateful for their sacrifices, as well as those of their families and their employers. America needs them now, more than ever.

And so, as we celebrate the men and women of today’s armed forces, just look around you. The next time you’re at an airshow, look at the youngster tugging at his mom’s hand, eager to climb up into the cockpit of the fighter on display there on the ramp.

Or the little girl, looking up in amazement as the Thunderbirds roar overhead. They are your future guardians of freedom.

Someday, they too may be standing tall, in a crisp uniform or flight suit, guarding the high frontier or roaring across the sky in the latest fighter. Catch that dream and never let it go. Because our nation’s future is in their hands.

America’s armed forces represent the best America has to offer, a force for freedom and the guardians of our future.

Action Line 782-5284

action.line@kunsan.af.mil



Col. Robin Rand
Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can’t be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number where you can be reached and a brief description of your problem or concern. You can also send an e-mail to action.line@kunsan.af.mil.

AAFES Customer Service.....	782-4426
Area Defense Council.....	782-4848
Base Exchange.....	782-4520
Chapel.....	782-4300
CES Customer Service.....	782-5318
Commissary manager.....	782-4144
Education Office.....	782-5148
Dining Hall.....	782-5160
Fitness Center.....	782-4026
Golf Course.....	782-5435
Housing Office.....	782-4088
Inspector General.....	782-4850
IDEA Office.....	782-4020
Law Enforcement Desk.....	782-4944
Legal Assistance.....	782-4283
Military Equal Opportunity.....	782-4055
Military Pay.....	782-5574
Military Personnel Flight.....	782-5276
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Network Control Center.....	782-2666
OSI.....	782-4522
Public Affairs.....	782-4705
Telephone Repair.....	119



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or www.afnkorea.com

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AFN Korea News

Weeknights at 6 and 10 p.m.

Channel 6

WOLF PACK WARRIOR
Vol. 18, No. 17

Defend the base
Accept follow-on forces
Take the fight North

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Deadline for submissions to the **WOLF PACK WARRIOR** is 4 p.m. Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the

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Contact Us

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We can also be reached by phone at 782-4705, by e-mail at wolfpackwarrior@kunsan.af.mil, or by fax at 782-7568.

MONTHLY SORTIE GOALS

Unit	Goal	Flown
35th FS	366	188
80th FS	351	194
8th FW	717	382

Community Standards

Family Members

Family members of civilians and family members of military personnel should familiarize themselves with the local laws. Misconduct could subject civilians to prosecution by local authorities or loss of military privileges. For information concerning visiting family members and dormitory occupancy refer to 8th Fighter Wing Instruction 32-6002.

SVS earns two PACAF-level awards

Loring Club, readiness section recognized for excellence

By Senior Airman Andrew Svoboda
8th Fighter Wing Public Affairs

The 8th Services Squadron received top honors from Pacific Air Forces in two separate program/activity areas this year.

The squadron has the best readiness and plans program and the Loring Club is the best collocated club operation of 2003.

Hard work and contributions from a lot of people in both areas helped make these accomplishments possible, said Lt. Col. Terrie Ford, 8th SVS commander.

"I couldn't be more proud of the men and women of the 8th Services Squadron! Our Loring Club and readiness staffs are definitely among the best!" she said. "The Loring Club team is like none other — Don Montgomery and Jim Boogaard are constantly out front with the customers, listening to their concerns and making a concerted effort to deliver the programs our club members want.

"Under Lt McGrew's leadership, our readiness team guided us through quarterly exercises, the Operational Readiness Inspection, and all the bed-downs at Wolf Pack Park and within lodging," she added. "All 52 military members of the services squadron can take pride in winning the Readiness

Program award — it took all of their efforts to perform the wartime mission."

The three-person readiness section is responsible for the squadron's wartime planning and much more.

"We're kind of a catch-all for a lot of things," said 1st Lt. Carrie McGrew, 8th SVS chief of readiness and plans. "We review any plans that include services to make sure we're being tasked correctly. We also maintain war reserve material assets such as cots and [Meals Ready to Eat] and ensure squadron members are trained on contingency-level activities.

"We also oversee peacetime and contingency mortuary affairs, the honor guard and operate the services unit control center," she added.

One of the section's major initiatives this year was training all squadron members on the new chemical concept of operations, which according to McGrew, becomes especially important when dealing with food or remains processing.

"There hadn't been any official guidance on the process of working with contaminated remains," said McGrew. "We worked with [8th Civil Engineer Squadron] readiness to develop a method of processing remains outdoors and decontaminating the work area and ourselves."

McGrew feels the award reflects the hard work of not only the people currently here, but also that of the readiness section's previous members.

"The previous class worked tirelessly to make sure we knew what we were doing," she said. "This is a reflection of the wonderful continuity we have in the section."

The Loring Club, another best-in-PACAF award recipient, also plays an important role in the 8th SVS mission, due to the limited amount of off-base recreation in the area.

"The Loring Club is here to serve the Wolf Pack in their downtime," said Montgomery, Loring Club manager. "We gear a lot of entertainment programs and events to serve every member of the Wolf Pack."

Throughout the past year, the club purchased new equipment to enhance their services.

"We purchased a \$265,000 audio/visual system, including a large screen televisions and a new [disc jockey] system to enhance the entertainment we provide," said Montgomery.

Between lunch buffets, free food events and weekend activities, the club serves well over 1,000 people per week.

"The club's true success is measured by customer participation," Montgomery added.



Plan gets AEF back on track, fixes 'disparity'

By Master Sgt. Scott Elliott
Air Force Print News

WASHINGTON — While many deployed airmen are returning from Operation Iraqi Freedom to hero's welcomes, others deployed for as much as three times longer are still waiting to hear when they will go home.

What appears to some as an obvious disparity is actually a case of differing mission objectives, said the general in charge of air and space expeditionary force policy.

"The issue is, 'What job were these people sent to do,'" said Maj. Gen. Timothy A. Peppe, special assistant for AEF matters at the Pentagon. "Some of the people in OIF are already home because that operation went so well and so quickly that the combatant commander was able to release them.

"There is a difference for Operation Enduring Freedom folks. Those people are filling a requirement that hasn't changed. They will rotate when the Air Force has the combatant commanders' requirements worldwide and develops the rotation to support them."

Besides manning requirements for OEF and OIF, a recent increase in Pacific Air Forces further strained the AEF rotation schedule. On top of that, Peppe said, the service is obligated to provide about 1,700 people to augment the staffs of component and combatant commanders worldwide.

"It's not just the people in Afghanistan," Peppe said. "Anyone the AEF supports will be caught up in this."

The Air Force uses the AEF's standard three-month rotation plan to bring deployment predictability to airmen and their families, but the operational demands of OIF and other requirements forced the service to break out of that mold. The plan is for the AEF deployment schedule to be back on track by early 2004, Peppe said.

To achieve that goal, the Air Force plans to piece together two transitional



Photo by Tech. Sgt. Richard Freeland

AEF CHANGE: Air Force officials plan to piece together two transitional air and space expeditionary forces to meet deployment combatant commanders' needs into 2004. That is when they expect forces to return to normal three-month AEF cycles.

AEFs to meet deployment combatant commanders' needs into 2004. Manning for these two AEFs will come from the ranks of those who have not deployed this cycle.

"We'll have to find 'green' unit type codes that are properly manned and equipped," Peppe said. "The AEF Center [at Langley Air Force Base, Va.] will work with the [major commands] to identify the personnel and equipment [that are] ready to deploy.

"Everyone who did not deploy needs to be on notice that we may need them to be a part of this rotation, or the next, as we get back to a more normal AEF rhythm," he said.

The numbers of people and types of equipment making up the new AEFs have yet to be determined by combatant commanders. The Air Force's goal is to have new mission requirements defined by the middle of May, Peppe said.

"The effort to define the requirements is ongoing, and we hope to wrap that up soon, because from the time requirements are set and the rotation begins is going to take 45 to 60 days," Peppe said.

As vital as the new mission requirements are to the rotation schedule, the general said patience is just as important.



Photo by Staff Sgt. Maritza Freeland

NEW FALCON: Col. Douglas Tucker assumed command of the 8th Mission Support Group at Hangar 3 Monday. Tucker arrived from Vandenberg Air Force Base, Calif., where he was the 30th Civil Engineer Squadron commander.

Five Wolf Pack members receive Articles 15 in April

By Staff Sgt. Tesha Y. Quarterman
8th Fighter Wing Legal Office

Five members of the Wolf Pack received punishment under Article 15 of the Uniform Code of Military Justice during April.

An airman first class from the 8th Aircraft Maintenance Squadron received Article 15 punishment for physically assaulting another airman, a violation of Article 128, UCMJ.

The commander imposed punishment consisting of a reduction to the grade of airman basic, with reduction below airman suspended for six months.

A senior airman from the 8th Maintenance Squadron received Article 15 punishment for failure to obey an order and dereliction of duty, violations of Article 92, UCMJ. The airman was ordered to perform duties as a spotter in which he failed to do. He was later found sleeping in his vehicle while on shift.

The commander imposed punishment consisting of a reduction to the grade of airman first class, suspended for six months, forfeiture of \$200 pay per month for two months, suspended for six months, and 14 days extra duty.

A senior airman from the 8th Logistics Readiness Squadron

received Article 15 punishment for destruction of military property by punching a window in the dormitory, a violation of Article 108, UCMJ.

The commander imposed punishment consisting of forfeiture of \$75 pay and 29 days extra duty.

An airman first class from the 8th Security Forces Squadron received Article 15 punishment for going from his appointed place of duty without proper authority and sleeping on post, violations of Articles 86 and 113, UCMJ. The airman was scheduled to meet with an NCO to have duties assigned. When the NCO was not available, the airman went home and fell asleep. The airman also was found on a separate occasion to be sleeping while posted as a gate guard at the main gate.

The commander imposed punishment consisting of reduction to the grade of airman, 30 days restriction to base and 30 days extra duty.

An airman first class from the 8th SFS received Article 15 punishment for failing to go to his appointed place of duty at the appointed time and sleeping on post, violations of Articles 86 and 113, UCMJ.

The commander imposed punishment consisting of reduction to the grade of airman, 45 days restriction to base and 45 days extra duty.

Asian-Pacific American Heritage Month

Asian-Pacific American women served in World War II, too

By Rudi Williams

American Forces Information Service

FALLS CHURCH, Va. —

Most people are surprised when they find out that Asian-Pacific American women, particularly Japanese-Americans, served in the U.S. military during World War II, said Judy Bellafaire, curator of the Women in Military Service for America Memorial.

“Many Japanese women served in the armed forces while their families were in internment camps during the war,” Bellafaire said. “Lots of Japanese and Chinese women were trained as interpreters and translators, and some Filipino American women put their lives on the line as members of the underground resistance in the Philippines.”

Asian-Pacific American women first entered military service when the Women’s Army Corps, or WAC, recruited 50 Japanese-American and Chinese-American women to be trained as translators at the Military Intelligence Service Language School at Fort Snelling, Minn., Bellafaire said. After training, 21 of them were assigned to the Pacific Military Intelligence Research Section at Camp Ritchie, Md. They worked with captured Japanese documents, extracting information on military plans.

In 1943, Chinese-American women were recruited to serve with the Army Air Force as “Air WACs,” Bellafaire noted. They were often called the Madame Chiang Kai-Shek Air WAC unit. Hazel Toy Nakashima and Jit Wong were the first two women to become “Air WACs.” They served in such jobs as photo interpretation, air traffic control and weather forecasting.

Chinese-American Hazel Ying Lee was one of 38 Women Airforce Service Pilots, or WASPs, who died in the line of duty. Lee died in a two-plane crash resulting from receiving identical instructions from an air traffic controller on their approach to Great Falls Air Force Base, Mont., Bellafaire noted.

Another Chinese-American, Maggie Gee, took male military pilots up for qualifying flights to renew their instrument ratings and co-piloted B-17 Flying Fortress bombers through mock dogfights staged to train bomber gunners.

“Although the Navy refused to accept Japanese-American women throughout World War II, some Chinese-American women volunteered to serve,” Bellafaire noted. Among them was Honolulu-born Marietta Chong Eng who enlisted in the WAVES, or Women Accepted for Volunteer Emergency Service, because her brother was in the Navy. Trained as an occupational therapist, Eng helped rehabilitate sailors and officers who had lost arms and legs in the war.

Filipino-American women performed some of the most daring feats

during the war as members of the Philippine underground. These women helped American forces in the Philippines throughout the three-year period of Japanese occupation, Bellafaire said. They smuggled food and medicine to American prisoners of war and carried information on Japanese deployments to Filipino and American forces working to sabotage the Japanese army.

Bellafaire said she stumbled upon fascinating stories about the exploits of two Filipino-American women while researching information for a pamphlet and exhibit for Asian-Pacific American Heritage Month.

Josefina V. Guerrero supplied American POWs with food, clothing and medicine and passed them contraband messages, Bellafaire said. “In the early days of the Japanese occupation, she was asked to map Japanese fortifications at the Manila waterfront. Her map included information on secret tunnels, air raid shelters and a number of new installations in which the allies were interested.”

Shortly before the American invasion of Manila in 1945, Guerrero carried a map through Japanese-held territory that showed the location of land mines along the planned invasion route, Bellafaire said.

“She walked most of the way with the map taped between her shoulder blades,” Bellafaire said. “She strapped a pack on her back, distracting the enemy, who concentrated their searches on the pack rather than on her. She reached the 37th Infantry Division with the map, enabling the Americans to avoid the land mines that had been laid for them.”

Florence Ebesole Smith Finch, the daughter of an American soldier and a Filipino mother, claimed Philippine citizenship to avoid being imprisoned by the Japanese, Bellafaire said. “She joined the underground resistance movement and smuggled food, medicine and other supplies to American captives.”

Finch was eventually arrested by the Japanese, tortured and sentenced to three years’ imprisonment, Bellafaire said. American forces liberated her after she’d served five months of her sentence. She went to Buffalo, N.Y., her father’s hometown, and enlisted in the Coast Guard, the curator said, to “avenge the death of her late husband,” a Navy PT boat crewman killed at Corregidor, the Philippines.

Guerrero and Finch were awarded the U.S. Medal of Freedom after the war for their exploits with the Philippine underground resistance movement.

A small number of Asian-Pacific American women served in the Army Nurse Corps, like Helen Pon Onyett, who risked her life tending wounded soldiers on landing ships in North Africa, Bellafaire noted. She said more than 200 Asian-Pacific American women joined the Public Health Service Cadet Nurse Corps.



U.S. Army photos

NURSE CORPS: During the 1950s, 1960s and 1970s, Asian-Pacific American women continued to enter the military and work within civilian organizations affiliated with the military. For example, Ruth A. Tanaka joined the Army Nurse Corps in 1949 and retired as a lieutenant colonel.



AIR WACS: Above: Not all Asian-Pacific American Women’s Army Corps worked as translators during World War II. In 1943, Chinese-American women were recruited to serve with the Army Air Forces as “Air WACs.” They performed jobs such as aerial photo interpretation, air traffic control and weather forecasting.

Right: After the war, 13 Japanese-American WACs were sent to Japan to show the Japanese what Americans of Japanese ancestry were like and to help build bridges across a cultural gap.



“Although thousands of Asian-Pacific American women have served and are serving in the armed forces in times of war and peace, only a small number have told their stories by registering with the Women in Military Service for America Memorial,” Bellafaire said.

She invites women veterans and

active duty women to register with the memorial by calling 1-800-4-SALUTE, or write to:

The Women's Memorial
Dept. 560

Washington, DC 20042-0560.

Internet users can contact the memorial foundation online at www.womensmemorial.org.

FROM THE TRENCHES...

Why did you choose to join the armed forces?



Army Pvt. Jacob Burge
"To get better experiences, see places and meet new people."



Senior Airman Michelle Montoya
"For many reasons, but mostly to get out of Utah."



Army Sgt. Andrea Garza
"I joined to give a better life to my family."



Senior Master Sgt. Jimmie Sampson
"I love being around people. I'm disciplined and wanted to be in that type of environment."



2nd Lt. Nancy Porter
"All the women in my family were teachers, so I wanted to do something different and challenging."

Commissary announces scholarship recipient

Wolf Pack dependent receives \$1,500 toward college tuition

By Senior Airman Andrew Svoboda
8th Fighter Wing Public Affairs

The daughter of an 8th Civil Engineer Squadron member was recently awarded \$1,500 through the Defense Commissary Agency scholarship competition.

Lisa Lage, 18-year-old daughter of Chief Master Sgt. Steven Lage, was awarded the money, despite not living at Kunsan.

Currently living at Spangdahlem Air Base, Germany, Lisa was grateful when she received word she'd won.

"I think the scholarship is awesome!" she said. "This \$1,500 scholarship will help me earn my bachelor's degree from Philadelphia Biblical University."

Lisa is currently attending classes at the University of Maryland at Spangdahlem AB, but plans to transfer to Philadelphia Biblical

University to major in youth ministry and English next fall.

Despite the low number of dependents here, Kunsan is authorized one winner, so military members' children could participate even if they live at another base, according to Larry Andrews, Kunsan store manager.

The process was simple, according to Lage.

"All I did was pick up an application here and sent it to Lisa," he said. "She filled it out and wrote a 500-word essay on the given topic, 'how being the child of a military service member influenced your educational goals.' Then she sent it in herself."

"I am still ecstatic about receiving the scholarship!" Lisa added. "I think it is a great opportunity for military children, and I'm really thankful that DeCA and the Fisher House offer it!"

The number of students receiving a \$1,500 scholarship from the Scholarships for Military Children program hit an all-time high in 2003 — and so did the number of applicants.

"We're excited to announce a record number of awards for 2003," said Defense Commissary Agency Director Maj. Gen. Michael P. Wiedemer. "At

least 550 students will each receive a \$1,500 scholarship.

"It's also evident that word is spreading about this great program as over 6,500 applications were received this year. That represents a 28-percent increase over 2002," he added.

Awards in the Scholarships for Military Children program are based on academics, activities, and the quality of essays written by applicants. "Ben Coté, president of Scholarship Managers, reports that even with the large increase in applications this year, the very high quality continues to impress him," said Fisher House Foundation Public Affairs Director Jim Weiskopf. "Most applicants have at least a 3.5 grade point average and are heavily involved in meaningful activities outside the classroom."

"The competition level for 2003 remains among the highest of any of the scholarship programs Mr. Coté administers," he added.

The Scholarships for Military Children program is funded by the manufacturers and suppliers that provide support for commissaries worldwide and administered by Fisher House Foundation, a nonprofit organi-



Lisa Lage

zation responsible for building 31 comfort homes near military medical centers. The foundation bears all costs of the program so that every dollar donated goes for scholarships.

"The scholarship program exemplifies just one way DeCA, industry and the military community partner to create a win-win situation for everyone," said Wiedemer.

(Information compiled from Defense Commissary Agency reports)

OF THE PRIDE PACK

Job: 1-43rd Air Defense Artillery Foxtrot Battery communications specialist

Duties: I keep track of inbound aircraft and missiles and relays information and messages.

Hometown: Quinlan, Texas

Follow-on: Fort Bliss, Texas

Hobbies: Playing basketball, football and lifting weights

Favorite music: Ozzy, Nora Jones, Metallica ... pretty much everything.

Last good movie you saw: "X-Men 2"

Best thing you've done at Kunsan: After my crew got perfect scores on our march order and emplacement, we went out and celebrated that night.

"Pvt. Fisk has performed duties outside of his military occupations specialty (the soldier who gets to push "the button" on the Patriot system) and has excelled as a communications specialist for Foxtrot Battery. He was commended by the Battalion Evaluation Team as being the best 31F in all of the battalion, which consists of seven batteries. Due to his dedication to duty and selfless service, his Antenna Mast Group crew scored a perfect 100 percent on March Order and Emplacement, which earned his crew the title of 'Best AMG crew drill in the Battalion.'"



Pvt. Don Fisk

Army Capt. Katrina Saban

1-43rd Air Defense Artillery Foxtrot Battery commander

College Registration

through June 2

University of Maryland

Central Texas College

Classes held June 2 to July 26

Sign up at the education office

KARAOKE

Wednesday and Friday nights at the community center

8th Fighter Wing Changes Command



Photo by Staff Sgt. Maritza Freeland

Distinguished visitors including (foreground from left to right) Linda Smith, wife of Lt. Gen. Lance Smith; Judy Dahlbeck, wife of Col. Guy Dahlbeck; and Republic of Korea air force Col. Kwon, O Sung, 38th Tactical Fighter Group commander, joined members of 7th Air Force and Kunsan city civic leaders for the ceremony.



Photo by Staff Sgt. Maritza Freeland

Col. Robin Rand speaks to the 8th Fighter Wing for the first time as the wing commander. Rand is the wing's 42nd leader to carry the title of "Wolf."



Photo by Staff Sgt. Maritza Freeland

Members of Kunsan's honor guard post the colors during Wednesday's ceremony.



Photo by Staff Sgt. Chuck Walker

2nd Lt. Edgar Lopez, 8th Fighter Wing Comptroller Flight, salutes during the national anthem. He also narrated the ceremony.



Photo by Staff Sgt. Chuck Walker

Dedicated crew chiefs Staff Sgts. Poun Thies and Kenneth Hutchinson, both 8th Aircraft Maintenance Squadron, stand in front of the newly unveiled 8th FW F-16 bearing Rand's name. These crew chiefs are responsible for maintaining the Wolf's jet.



Photo by Staff Sgt. Chuck Walker

Col. Steve Armstrong, 8th Operations Group commander, leads a formation of airmen from the OG. A formation of airmen from each group participated in the change of command ceremony.



Photo by Staff Sgt. Maritza Freeland

Lt. Gen. Lance Smith, 7th Air Force commander, Col. Guy Dahlbeck and Col. Robin Rand stand at attention prior to the passing of the guidon during the 8th Fighter Wing change of command ceremony at Hanger 3.



Photos by Staff Sgt. Maritza Freeland

Staff Sgt. Michelle Miller, 8th Logistics Readiness Squadron, and Republic of Korea air force Sgt. Lee, Hyun Jae, each sang their country's respective anthem at the ceremony.



Today

Free food The Loring Club offers club members barbecue chicken 6 to 9 p.m. in the ballroom. For more information, call 782-4312 or 782-4575.

SonLight Inn The Asian-Pacific American Committee hosts a free meal at 6 p.m. The meal includes chicken adobo and white rice, vegetarian pansit, and Phil creamy fruit salad or cassava pudding. For more information, call 782-4300.

Smorgasbord buffet The Loring Club hosts a super smorgasbord 11 a.m. to 1 p.m.

Karaoke Display your talent or cheer on others 8 p.m. to midnight at the Falcon Community Center.

Saturday

Nine-pin tournament The Yellow Sea Bowling Center hosts a nine-pin bowling tournament starting at 6:30 p.m. The entry fee is \$13. For more information, call 782-4608.

Country night The Loring Club hosts country night the ballroom. For more information, call 782-4313 or 782-4575.

Darts tournament The Falcon Community Center hosts a darts tournament at 2 p.m. The winner receives a phone card.

E-Mart trip The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. Busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2. For more information, call 782-4619.

Wolf Pack Wheels Departs Kunsan for Osan AB at 7:30 and 10 a.m. The bus returns to base at 5 and 6 p.m. Tickets are

\$10/\$9 one way and \$20/\$18 round trip.

Sunday

Brunch Extravaganza The Loring Club offers entrees and side dishes for Sunday brunch from 10:30 a.m. to 1 p.m. Price is \$11.95 per person for club members.

Chicken wings The Loring Club has 10 cent chicken wings 6 to 8 p.m.

Free throw contest The Falcon Community Center hosts a best out of 10 free throw contest at 2 p.m. The winner receives a phone card. For more information, call 782-4619 or 782-4110.

B-I-N-G-O The Loring Club has bingo at 2 p.m. For more information, call 782-4575 or 782-4312.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. and noon. The bus returns to base at 5 and 6 p.m. Tickets are \$10/\$9 one way and \$20/\$18 round trip.

E-Mart trip The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. The busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2.

Monday

Mexican buffet The Loring Club has a Mexican buffet 11 a.m. to 1 p.m. The cost is \$5.85 for club members and \$6.85 for non-members.

Double feature The Falcon Community Center hosts a double feature movie madness at 6 p.m. For more information, call 782-4619 or 782-4110.

Pizza The Loring Club has 50 cent pizza from 6 to 8 p.m.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. The bus returns to base at 5 p.m. Tickets are \$10 one way and \$20 round trip.

Tuesday

Sumo wrestling The Loring Club hosts sumo wrestling. For more information, call 782-4575 or 782-4312.

Kun burger The Loring Club has a \$2 Kun burger 6 to 8 p.m.

Spades tournament The Falcon Community Center hosts a spades tournament at 7 p.m. For more information, call 782-4619 or 782-4110.

Oriental buffet The Loring Club has an



Photo by Senior Airman Andrew Svoboda

DUECE WILD: Master Sgt. Calvin Glaze, 8th Aircraft Maintenance Squadron, (left) and Tech. Sgt. Verlyn Booker, 8th Operations Support Squadron, play a game of spades at the community center. The community center holds a spades night tournament 7 p.m. Tuesday. The winner receives a phone card.

Oriental buffet 11 a.m. to 1 p.m. The cost is \$5.85 for club members and \$6.85 for non-members.

Wolf Pack Wheels Departs Kunsan for Yongsan at 7:30 a.m. The bus returns to base at 3 p.m. Tickets are \$15 one way and \$30 round trip.

Wednesday

Free food The Loring Club offers club members super subs 6 to 9 p.m. in the ballroom.

Texas barbecue The Loring Club has a Texas-style barbecue buffet 11 a.m. to 1 p.m.

Karaoke Display your talent or cheer on others 8 p.m. to midnight at the Falcon Community Center.

Thursday

Steak night The Loring Club offers a two-for-one steak night 5:30 to 8:30 p.m. For more information, call 782-4575 or 782-4312.

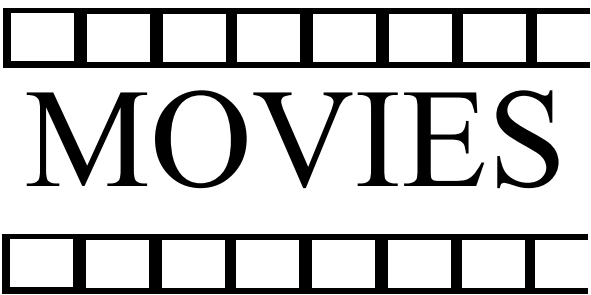
Chess tournament The Falcon Community Center hosts a chess tournament at 7 p.m. The winner receives a phone card. For more information, call 782-4619 or 782-4110.

DMZ trip The Falcon Community Center offers a DMZ tunnel and Seoul trip May 31 to June 1. Visit the Panmunjam area of the demilitarized zone. Also visit the Imjin River House, Freedom Hall, the Memorial Monument and the 3rd infiltration tunnel. The tour price covers transportation, entrance fees, one night's stay at the Tower Hotel and an English-speaking tour guide. The cost is \$100. The registration deadline is today. Departure is at 7 a.m. For more information, call 782-4679 or 782-5213.

Italian buffet The Loring Club has an Italian buffet 11 a.m. to 1 p.m.

Country night The Loring Club has a country night with a disc jockey. For more information, call 782-4575 or 782-4312.

Submit your events for 7-Days by sending an e-mail to wolfpackwarrior@kunsan.af.mil. Submissions must include the time, date, place, point of contact and a phone number.



Saturday

"Anger Management" (PG-13) 7 and 9:30 p.m.

Sunday

"Agent Cody Banks" (PG) Starring Frankie Muniz and Hilary Duff. 7 and 8:30 p.m.

Monday

Closed

Tuesday

"Willard" (PG-13) Staring Crispin Glover and Laura Harring. 8 p.m.

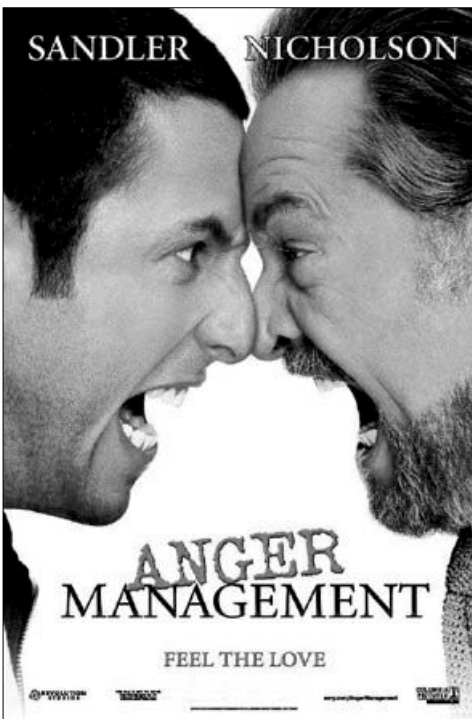
Wednesday

"Tears of the Sun" (R) Starring Bruce Willis and Monica Bellucci. 8 p.m.

Thursday

"Tears of the Sun" (R) 8 p.m.

The theater is now closed Mondays. For more information, call 782-SHOW.



Tonight

"Anger Management" (PG-13) Starring Adam Sandler and Jack Nicholson. 7 and 9:30 p.m.

Memorial Day Block Party

May 26

Loring Club parking lot
Soto Band performs at 11 a.m.

Photo club

The Falcon Community Center's photo club takes a trip into the country side 8 a.m. Saturday. For more information on the trip or on the photo club, call 782-4679 or 782-4619.

Education

CLEP/DANTES The education office offers CLEP/DANTES testing 8 a.m. Mondays and Fridays, and 8 a.m. and 1 p.m. Wednesdays. Call 782-5148 for an appointment. The Rosenblum Library offers a variety of CLEP and DANTES study material for loan. The library is open 9:30 a.m. to 9:30 p.m. daily.

Troop-to-Teachers Troops-to-Teachers provides referral assistance and placement services to military personnel interested in beginning a second career in public education as a teacher. The DANTES Troop-to-Teachers office helps applicants identify teacher certification requirements, programs leading to certification and employment opportunities. The office's new Web site is www.jobs2teach.doded.mil.

CDC testing Career Development Course testing is 9 a.m. Thursdays in building 1053, room 3. Unit training managers must make appointments for testing.

FSC

Intro to Korea class The family support center sponsors an introduction to contemporary Korea class 10 a.m. to noon today in building 755, room 215. To register, call 728-5644.

Family reunion briefing The family support center offers a family reunion briefing 3:30 Tuesday at the base theater. For more information, call 782-5644.

TAP Workshop The family support center hosts a transition assistance program class 8 a.m. to 4 p.m. June 26. Topics include: job search, resume writing, interview techniques, career exploration, legal affairs, medical insurance, Veterans Affairs benefits, relocation decisions, etc. For more information, call 782-5644.

Sponsorship Training The family support center gives sponsors the tools to help make new members' transition to Kunsan an easy one. Training is 10 to 11 a.m. every third Wednesday at the Sonlight Inn. Registration required, call 782-5644.

Return, reunion The family support center hosts a return and reunion briefing 3:30 p.m. Tuesdays at the base theater. The briefing addresses the challenges of returning home after a separation.

Smooth Move A briefing to answer questions about permanent-change-of-station moves is 1 to 2:30 p.m. the second Wednesday of the month at the SonLight Inn. Legal, finance, housing, and medical experts provide information. Registration required, call 782-5644.

Survival Korean language class two-hour class teaches students how to read and

write the Korean alphabet and also includes basic travel expressions. Class is 5 p.m. Thursday. Registration required, 782-5644.

Volunteer Opportunities

SonLight Inn The SonLight Inn needs units to volunteer for the Friday meals. The chapel is looking for units to volunteer May 30 through Aug. 29. If interested or for more information, call Airman 1st Class Jessica Duplantis at 782-4300.

CISM peer counselors The life skills support clinic seeks volunteers interested in becoming critical incident stress management counselors. Counselors receive training. For more information, call Capt. Robert Vanecek at 782-4562.

Korean orphanage Volunteers are needed to help at the local Kae Chong Orphanage on a weekly basis. Kunsan people spend time with 40 children on Thursday nights. There is an English lesson and snack time that lasts for two hours. For more information, call Staff Sgt. Lynetta Williams or Staff Sgt. Jesse Hernandez at 782-4035.

Commissary bagging Base members can volunteer to sack groceries 1:30 to 6:30 p.m. weekends for tips. Sign up at the commissary.

Chapel

Protestant services General Protestant Worship Service is 11 a.m. Sundays and the Contemporary Praise and Worship Service/Bible study is 7 p.m. Wednesdays. Both services are conducted in the chapel. For information about any chapel services, call 782-4300.

Gospel Gospel services are 12:30 p.m. Sundays and the Inspirational Praise and Worship Service is 7:30 p.m. Fridays at the chapel.

LDS Services are 3 p.m. Sundays at the chapel.

Church of Christ Services are 9:30 a.m. Sundays at the SonLight Inn, room 1.

Catholic services Mass is 5:30 p.m. Saturdays, 9 a.m. Sundays and 11:30 a.m. Monday through Thursday at the chapel. Catholic Reconciliation is by appointment Monday through Thursday and 4:30 to 5 p.m. Saturdays. R.C.I.A. is 7 p.m. Wednesdays in the chapel conference room. An "Overview of the Scriptures" is 7 p.m. Thursdays in the chapel conference room.

SonLight Inn hours The SonLight Inn is open 6 p.m. to 10 p.m. Mondays through Thursdays, 6 p.m. to midnight Fridays, 8 a.m. to midnight Saturdays and

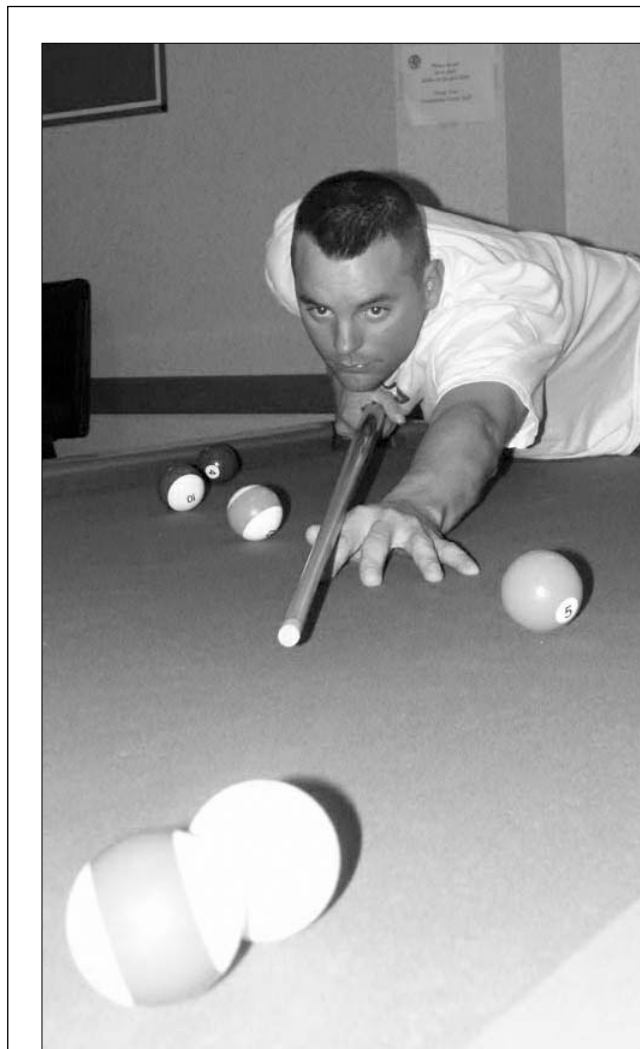


Photo by Senior Airman Andrew Svoboda

11 BALL IN THE SIDE POCKET: Army Staff Sgt. Timothy Mellott, 1-43rd Air Defense Artillery Echo Battery, shoots a game of pool at the community center. The community center holds a best two out of three 8-ball pool tournament 7 p.m. Wednesday. Winner receives a free phone card.

8 a.m. to 10 p.m. Sundays. For more information, call 782-5466.

Prayer & Bible studies The chapel hosts several prayer and Bible study groups at the chapel and Sonlight Inn. Groups include:

□ Adult Sunday School, 9:30 a.m. Sundays, SLI, room 3.

□ Basic Christian Training, 9:30 a.m. Sundays at the SLI, room 3.

□ Korean-American Bible Study, 7:30 p.m. Mondays at the SLI, room 1.
□ Women's Fellowship, 7 p.m. Tuesdays and every third Thursday at the SLI, room 2.

□ Mid-Week Spiritual Boost, 12:15 p.m. Wednesdays at the chapel.

□ Intercessory Prayer, 8:30 p.m. Saturdays at the SLI, room 2.

Miscellaneous

Changes of command The 8th Operations Group change of command is

June 4 at 9 a.m. in Hangar 3.

The 8th Operations Support Squadron change of command is June 6 at 9 a.m. in Hangar 3.

The 8th Maintenance Squadron change of command is June 3 at 9 a.m. in Hangar 3.

Finance closure The accounting and finance office will close at 2:30 p.m. May 23 for an official function. For emergency assistance call 782-6120 or 782-6033.

Munitions Storage Area closure

The munitions storage area will close June 2-6 for a 100 percent inventory. Customers are reminded to submit issue requests for required munitions no later than noon May 12. Any issue requests received after this date will be considered an emergency issue. Emergency issue requests must be accompanied with a letter signed by the Maintenance Group Commander or equivalent. For more information, call Staff Sgt. Melissa Schlick at 782-4377.

Submit your events for Bulletins by sending an e-mail to wolfpackwarrior@kunsan.af.mil.

FREE CLASSIFIEDS

To submit an item for Free Classifieds, send an e-mail to wolfpackwarrior@kunsan.af.mil with "classifieds" and the category (Wanted, For Sale or Lost & Found) in the subject block. All submissions must contain member's rank, name and phone number and must originate from the member's e-mail account. No "personal" ads will be accepted. Deadline for submissions is noon Friday a week prior to desired printing. For more information, call 782-4705.

Free

Free fish I'm PCSing soon and need to find a home for my fish. All you need to do is provide a tank. I don't want to have to flush them. For more information, call Staff Sgt. Sara Wells at 782-5770 (work) or 782-9809 (home).

For Sale

Motherboard 500 Mhz P3, comes with 384 MB RAM, Voodoo 3 video card and AWE 64 sound-card. The first reasonable offer gets it. For more information, call Staff Sgt. Chesley VanSickle at 782-8793.

Temple tour

The family support center sponsors a trip to the Eunjeok Temple 9 a.m. to 3 p.m. Saturday. For more information or to register, call 782-5644.

Airmen's Action Council

The airmen's action council meets 3 p.m. the last Tuesday of the month in the Loring Club Officers' Lounge. All airmen, E-1 to E-4, are invited to attend. For more information, call Senior Airman Catherine Hagin, at 782-7383.

Traditional wedding

The family support center sponsors a traditional wedding trip 10 a.m. to 8 p.m. May 31 in Jeonju. For more information or to register, call 782-5644.

Need a taxi?

Call 782-4318

Academy rugby teams win championships

By Butch Wehry
U.S. Air Force Academy
Public Affairs

U.S. AIR FORCE ACADEMY, Colo. — The Air Force Academy men’s and women’s rugby teams won titles at the 2003 Collegiate Rugby Championships, held at Stanford University’s Steuber Rugby Stadium in Stanford, Calif., recently.

The Air Force women beat the University of Illinois 17-15 in the finals May 3 for a repeat as national champions. They entered the tournament at the number one seed by virtue of defending their 2002 national title. Other women’s teams in the tournament were Penn State University and the University of California at San Diego.

The Air Force men’s team defeated Harvard University

45-37 in their championship match May 4.

This was the first national rugby championship for them since 1990. Other men’s teams in the tournament were the University of California at Berkeley and the U.S. Military Academy.

“We’re trying to create leaders at the Air Force Academy, and that’s what you saw from our men and women ... leadership,” said Dan Marine, coach for the Air Force men’s team.

“We’re also a strong family,” Marine said. “The support we’ve had from our alumni and the families of the athletes has been amazing. They’re the backbone of this success.”

Semi-final and final Division I games for both men and women are being broadcast through Sunday on College Sports Television.



SMACK: Air Force Academy rugby winger Steve Mwesigwa tackles a U.S. Naval Academy midshipman. The Air Force Academy men’s and women’s rugby teams won national titles at the 2003 Collegiate Rugby Championships.

Wolf Pack men kick off varsity softball season

By Staff Sgt. Larry McEntire Jr.
8th Maintenance Squadron

Camp Humphrey's hosted the annual pre-season varsity softball tournament May 3 and 4. Kunsan's Wolf Pack finished second to the champion Osan Defenders.

“All in all, it was a great way to start the season,” said Jon Silvis, head coach.

Due to bad weather and the operational readiness inspection, the varsity team only had two weeks to conduct tryouts and prepare the team for the upcoming season.

This tournament was the first test for the Wolf Pack, and they did not disappoint those in attendance.

The Wolf Pack’s first opponent was the team from Suwon. The Wolf Pack came out swinging the bats and shelled out 52 hits. David Teeple and Larry McEntire led the team with both going 4-4 in the game. The next game saw the Wolf Pack taking on the defending Korea-wide champion Defenders from Osan.

The Wolf Pack never seemed to get on track with the hits, and Osan defeated the Wolf Pack 13-3, putting Kunsan in the loser’s bracket of the double elimination tournament.

With significant contributions coming from Dale Wright, Shawn Flammang and Larry Shelvy, the Wolf Pack eliminated Taegu 19-11.

In order for Kunsan to win the championship, it would have to play four straight games.

“I challenged the team to see what they were made of, and they came through to make it to the championship,” said Silvis. “I knew the guys were not too happy about their performance against Osan and were ready to play on Sunday.”

The Wolf Pack came out with fierce intensity as they easily defeated the host team from Camp Humphrey’s 23-11. Shelvy led the attack going 4-4 in the game.

Next on the plate was Yongson. Combined efforts from Todd Brimmer, Attilio Lopez and Dale Stokes, were key factors in the 27-10 victory. This set up the rematch against Osan.

Since Osan was the only undefeated team, Kunsan had to beat Osan twice, if they wanted to claim the championship.

The first game, Kunsan came out smoking and delivered a 45 hit performance to set up the rubber match.

The fourth consecutive game proved to be one too many as the Wolf Pack simply ran out of gas.

“It was evident that the guys were getting tired in the blistering heat and humidity,” said Silvis.

The Wolf Pack produced nine runs in the first inning but could only muster up five more runs for the remainder of the game. Osan, eventually came back

Wolf Pack Men’s Varsity Softball Team	
Jon Silvis	Coach
Rick Lamb	OF
David Teeple	3B
Dale Wright	1B/P
Todd Brimmer	OF/P
Jason Daughtee	3B
Shawn Flammang	OF
Charles Greaves	C/P
Keith Kiser/Army	2B
Attilio Lopez	OF/P
Larry McEntire	1B/P
Adam Rafferty	SS
Larry Shelvy	OF
Dale Stokes	SS
Ryan Clements	OF

winning 15-14.

“I am very proud of the efforts produced by the whole team. We earned much deserved respect from all of the team’s that participated in the tournament,” Silvis said.

Overall, Teeple .630, McEntire .615 and Wright .600 batting averages led the Wolfpack hitting attack.

The first home games for the Wolf Pack’s teams is Saturday and Sunday against Camp Carroll.

SPORTS SHORTS

10K Two-person biathlon
The race is set for 9 a.m. Saturday. Sign-up at the fitness center.

Push-up/sit-up contest
The contest is set for 3 p.m. Saturday. Sign-up at the fitness center.

Varsity softball
The men’s and women’s varsity softball teams will play Camp Carroll Saturday and Sunday. The schedule is as follows: Men — Saturday at 6:30 and 7:45 p.m. Sunday at 9 and 10:15 a.m. Women — Saturday at 4 and 5:15 p.m. and Sunday at 11:30 a.m. and 12:45 p.m. For more information, call the fitness center at 782-4026.



English for Tae Kwon Do
In a joint task force environment, American soldiers have the benefit of working side by side with armed forces from other countries in Bagram, Afghanistan. This benefit becomes even more rewarding when each force can bring a different learning experience to the table. The Korean and American forces at Bagram have found a way to not only work together but to benefit from each other’s knowledge. As the Korean soldiers work on the Americans’ endurance and physical fitness through Tae Kwon Do training, the U.S. soldiers stimulate their Korean instructors’ minds with the fundamentals of the English language.

USAF Marathon registration
Registration is underway for the 2003 U.S. Air Force Marathon scheduled for Sept. 20. Reduced fees for early registration are available until June 30. Registration deadline is Sept. 4. To register, visit the marathon Web site at <http://afmarathon.wpafb.af.mil/>, or call the marathon office at (937) 257-4350 or (800) 467-1823.

Martial Arts Classes

Budo Taijutsu/Ninjutsu
Noon Saturday and Sunday - FREE

Tae Kwon Do
8 to 9 p.m. Monday to Thursday

Kuk Sool Hapkido
7 a.m. and 7 p.m. Monday to Friday

Tang Soo Do
6 a.m. and 7 p.m. Monday to Friday

Aerobics Classes

Monday
11:30 a.m. - Shaping and toning
5:45 p.m. - Abs
6 p.m. - Step Challenge

Tuesday
6:30 a.m. - Shaping and toning
11:30 a.m. - Shaping and toning

Wednesday
5:30 p.m. - Abs
6 p.m. - Cardio kick boxing

Thursday
6:30 a.m. - Shaping and toning
11:30 a.m. - Shaping and toning

Friday
11:30 a.m. - Shaping and toning



Tobacco Fact

Tobacco use accounts for 30 percent, or one in three, of all cancer deaths in the United States. Smoking is responsible for almost 90 percent of lung cancers among men and more than 70 percent among women, about 83 percent overall.

The health and wellness center offers free smoking cessation classes. For more information, call 782-4305.

Lifeguards Needed

Fitness center seeks volunteer life-guards for upcoming season. For more information, call 782-4026.

SCORES & MORE

BOWLING

American League

	W	L
Red Devils	161	63
SUPS A	136	88
Fabrication	136	88
Med Dawgs	132	92
SVS	126	98
TRANS	120	104
COMM A	120	104
OSS A	118	106
MOS	115	109
35th AMF	114	110
SFS	110	114
80th AMF	90	134
Munitions 2	86	138
COMM B	70	154
GateKeepers	63	161
Army	41	183

National League

	W	L
PMEL	133	91
Bad Ammo	129	95
Kwang Ju	128	96
Big Green Truck	126	98
Fuel Shop	124	100
Avionics	123	101
CPTF	122	102
MDG B	120	104
Wing Dings	119	105
QA “Buzzards”	104	120
MDG C	96	128
OSS Dumb Bells	96	128
80th AMF B	86	138
Munsons	84	140
Jack Stogies	74	150
Post Office	60	164

VOLLEYBALL

American League

	W	L
MDG A	7	1
MXO	6	2
LRS	6	2
COBRA 2	5	3
E-BTRY	4	4
AMXS	4	4
MXS B	2	6
SVS	1	7

National League

	W	L
Death Volley	7	0
MXS	6	1
CES	5	2
COMM	4	3
SFS	3	4
MDG B	2	5
F-BTRY	1	6
CPTF	0	7

Spin classes

The sports and fitness center and the health and wellness center offer spin classes.

HAWC —

Today Noon and 5 p.m.

Monday Noon and 5 p.m.

Wednesday Noon and 5 p.m.

Fitness center —

Today 5 a.m.

Tuesday 5 a.m.

Thursday 5:15 a.m.

Fitness center hours

The sports and fitness center hours are:

Monday to Thursday

4:30 a.m. to midnight

Friday

4:30 a.m. to 11 p.m.

Weekends, holiday and down days

8 a.m. to 9 p.m.

Golf course

The West Wing Golf Course offers many services including golf club rental, pull cart rental, handicapping services, intramural golf, golf lessons and club fittings. People desiring to complete in tournaments are required to have a handicap. Handicaps can be established by turning in score-cards to the pro shop with name and date estimated return from overseas indicated. Establishing a handicap is free.

Marathons: Wolf Pack members run them

By Staff Sgt. Kelley Stewart
8th Fighter Wing Public Affairs

A small group of runners here began training for the Seoul marathon last year, and five actually participated. Two of those runners are from the 8th Medical Group and became runners in different ways.

Maj. (Dr.) Stephen Vreeke, a flight surgeon, began running cross country in high school. He also ran his first marathon in high school.

Maj. (Dr.) Robin Fontenot, a dentist, was introduced to marathon running by his wife 11 years ago. “My wife went downtown Houston to see the women’s Olympic marathon trials and was excited,” Fontenot said. “She said the next year she was going to run a marathon.”

The dentist rode his bicycle while she trained and then started to jog. “She got hurt and couldn’t run,” he said. “I struggled through.”

The couple ended up picking another marathon to run so Fontenot’s wife could do one. They chose the New York Marathon.

Fontenot didn’t like running at first, but when he stopped running he missed it.

Vreeke has run about 40 marathons during his running career. He has competed in both the Boston and New York Marathons and he’s run a marathon in the Swiss Alps.

Fontenot has competed in 14 to 15 marathons.

Both doctors approach their training differently. Vreeke runs between 50 to 60 miles five days a week, year round. When Fontenot trains for a marathon, he follows a 16-week training program put together by a former American Olympic marathon runner.

Both agree that when they’re running a marathon they think about their form.

“I try to stay focused on running form and running pace,” Vreeke said.

He also thinks about where he is in a race and what he’s doing. However,



Courtesy photo

NO SWEAT: Five members from the 8th Fighter Wing participated in the Seoul Marathon in March. From left to right they were: Maj. (Dr.) Laura Brodhag, 8th Medical Group; Maj. (Dr.) Stephen Vreeke, 8th MDG; Tech. Sgt. Gary Fowler, 8th MDG; Lt. Col. Jon Sutterfield, 8th Maintenance Squadron commander; and Maj. (Dr.) Robin Fontenot, 8th MDG.

“A marathon is 95 percent mental and 5 percent physical.”

— Maj. (Dr.) Robin Fotenot
8th Medical Operations Squadron

Vreeke does admit to letting his mind drift occasionally when he’s running.

Both runners agree that it takes time and commitment to train for and run in such a long distance race.

“It will take a beginner eight to 10 months to get ready for one to reduce the chances for injury,” Vreeke said. “The big thing is to be committed to running five days a week no matter the weather.”

“A marathon is 95 percent mental and 5 percent physical,” said Fontenot. “When I finished [the] Chicago [Marathon], I turned to the guy next to me to congratulate him, and he had a prosthetic leg. During my second marathon, I was dying and was passed

by a little old lady. This proved to me anyone can do it.”

The modern marathon was started in the 1896 Olympic games in Athens. This 24.85-mile run was held to commemorate the run of Pheidippides, a soldier, from Marathon, Greece, to Athens in 490 B.C. to tell the people of Athens of the Persians’ defeat by the Greeks.

During the 1908 Olympic games in London, the distance run for the marathon was changed to 26 miles. Another 385 yards also were added so the race would finish in front of the royal viewing box. The 26.2-mile distance run today was established at 1924 Paris Olympics.

Working out OK after smallpox vaccination

By Wayne Amann

37th Training Wing Public Affairs

LACKLAND AIR FORCE BASE, Texas — Air Force fitness center patrons who receive the smallpox vaccination got a welcome shot in the arm concerning their fitness routines thanks to some common sense rules.

Vaccinated gym-goers can go about their workouts by simply following the precautions prominently posted in the various fitness facilities.

“The main reason for the rules is just close contact with bare skin,” said Maj. (Dr.) John Dice, immunizations clinic OIC at Wilford Hall Medical Center and a physician in the allergy and immunology clinic. “A vaccinated upper arm shouldn’t touch someone else or a common object like a shirt or towel, thereby transmitting the vaccine virus that sits on the skin.”

□ The only off-limits area is the sauna or steam room. The risk of transmitting is much higher in these rooms since people are sitting close to each other wearing very little clothing.

□ A band-aid or bandage must cover the vaccine site. As the first layer of

protection, they effectively reduce the side effects of transmitting the virus.

□ No tank tops are allowed, only shirts with sleeves that cover the immunization site. They provide another barrier.

□ Equipment must be wiped down after use with a solution provided by the fitness center. Normally a 60 percent alcohol-based solution is good. However, the virus can be inactivated by cleaning with hot, soapy water. Wiping can be done with a paper towel or common towel over any sweaty area like a chair.

“The chance of transmitting something down your arm onto equipment is fairly small, but not zero,” Dice cautioned. “So it’s better to inactivate anything still on there.”

□ Showers can be used.

“It’s not much of a risk because you’re using hundreds of gallons of hot, soapy water,” Dice explained. “That’s pretty good at diluting the virus down the drain. Just keep the vaccine site clear of others in the shower.”

□ When the scab falls off, return to normal gym use. The vaccine-site will heal and form a scab, which holds a little virus. Generally it takes about three weeks for the scab to fall off, leaving normal flat skin.

“That’s your marker. That means the site’s completely healed over and there’s no virus on the skin surface,” Dice said. “Your arm’s back to normal.”

The immunizations clinic or public health can answer common questions about smallpox vaccination.

— Maj. (Dr.) John Dice
Wilford Hall Medical Center

Healthcare Professionals

Special week recognizes hard work of Wolf Pack's nurses, EMTs



Airman 1st Class Kelly Rettig, an EMT with the 8th MDOS, takes a patient's blood pressure in the primary care/urgent care clinic.



Photos by Staff Sgt. Chuck Walker

Staff Sgt. Stephen Mellan, an emergency medical technician with the 8th Medical Operations Squadron, prepares to connect tubing from an IV bag to a patient. Nurse/EMT Week was held May 4 through May 10.



Senior Airman Heather Barry, an EMT with the 8th MDOS, and Staff Sgt. John LaFauci, an EMT and squadron medical element assigned to the 80th Fighter Squadron in support of flying, look through some medical equipment in the back of an ambulance.



Above: Senior Airman Heather Barry, an EMT with the 8th MDOS, and Staff Sgt. John LaFauci, an EMT and squadron medical element assigned to the 80th Fighter Squadron in support of flying, load a stretcher into an ambulance.



Left: Staff Sgt. Pamela Browning (right), an EMT with 8th MDOS, and 1st Lt. Tonya Dunaway, 8th MDOS readiness officer, review paperwork.